
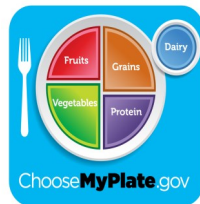





**SCHOOL DISTRICT 87  
ELEMENTARY BREAKFAST MENU**

**OCTOBER 2017**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 Strawberry Fruit & Grain Bar Orange Juice Applesauce Cup Choice of Milk Calories 441	3 CoCo Krispie Granola Bar Cereal Kit Fresh Apple Slices Choice of Milk Calories 463	4 Wild Blueberry Muffin Fresh Grapes Mott's Fruit Medley Choice of Milk Calories 407	5 Trix Cherry Yogurt Cup Cheese Stick Raisels Choice of Milk Calories 438	6 Mini Powdered Super Donuts Fresh Apple Slices Fruit Punch Choice of Milk Calories 380	
	9 <b>NO SCHOOL LEGAL HOLIDAY</b>	10 Mini Chocolate Chip Breakfast Loaf Raisels Peach Cup Choice of Milk Calories 482	11 Apple Cinnamon Muffin Raisels Mandarin Oranges Choice of Milk Calories 508	12 Yoplait Go Big Yogurt Orange Juice Fresh Apple Slices Choice of Milk Calories 349	13 Super Donut Fresh Oranges Mixed Fruit Cup Choice of Milk Calories 427	<i>Click on the Myplate Link On Our Website For More Nutritional Information</i>
	16 Cinnamon Pop Tart Breakfast Kit Peach Cup Choice of Milk Calories 523	17 Scooby Do Breakfast Kit Applesauce Cup Choice of Milk Calories 478	18 Wild Blueberry Muffin Orange Wedges Pineapple Tidbits Choice of Milk Calories 388	19 Fruity Cheerios Cereal Kit Pear Cup Choice of Milk Calories 268	20 <b>NO SCHOOL INSTITUTE DAY</b>	<b>All School Breakfast Price \$1.65</b>
<b>Milk Only Price .40</b>	23 Strawberry Pop Tart Breakfast Kit Peach Cup Choice of Milk Calories 399	24 Marshmallow Matey Cereal Kit Fresh Oranges Choice of Milk Calories 401	25 Chocolate Muffin Raisels Mandarin Oranges Choice of Milk Calories 487	26 Trix Cherry Yogurt Cup Cheese Stick Applesauce Cup Choice of Milk Calories 411	27 Glazed Super Donut Fresh Apple Slices Fruit Punch Choice of Milk Calories 428	<b>Reduced Breakfast Price \$ .30</b>
<b>All Juices 100% Fruit Juice</b>	30 Blueberry Pop Tart Fruit Punch Applesauce Cup Choice of Milk Calories 471	31 Ultra Chocolate Breakfast Bread Apple Juice Peach Cup Choice of Milk Calories 509				<b>PLEASE NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>




**SCHOOL DISTRICT 87  
ELEMENTARY LUNCH MENU**

**OCTOBER 2017**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 Chicken Tenders Steamed Golden Corn Fresh Fruit Choice of Milk Calories 515	3 Chicken Taquitos Salsa Cup Mexicali Beans Orange Wedges Choice of Milk Calories 520	4 Grilled Cheese Seasonal Fresh Vegetable Pear Cup Choice of Milk Calories 520	5 Chicken Patty Whole Grain Bun Potato Smiles Applesauce Cup Choice of Milk Calories 765	6 French Bread Pizza Romaine Salad Diced Peaches Choice of Milk Calories 525	
	9 <b>NO SCHOOL LEGAL HOLIDAY</b>	10 Savory Oven Baked Chicken Wings Baby Carrots With Dip Dragon Juice Choice of Milk Calories 438	11 Beef Hot Dog Whole Grain Bun Celery Sticks with Sun Butter Mott's Fruit Medley Choice of Milk Calories 657	12 BBQ Ribette Whole Grain Bun Golden Corn Applesauce Cup Choice of Milk Calories 644	13 Tony's Cheese Pizza Romaine Salad Pear Cup Choice of Milk Calories 565	<i>Click on the MyPlateLink On the District Website For more Nutritional Information</i>
<b>PLEASE NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>	16 Chicken Tenders Steamed Vegetables Diced Peaches Graham Crackers Choice of Milk Calories 515	17 Cool Ranch Doritos Taco in a Bag Elotes Corn Fresh Apple Slices Choice of Milk Calories 608	18 Bosco Twin Breadsticks With Beef Pepperoni & Cheese Cucumber Slices Pineapple Tidbits Choice of Milk Calories 506	19 <i>Breakfast for Lunch</i> Mini Pancakes Chicken Breakfast Sausage Hash Browns Wango Mango Juice Choice of Milk Calories 679	20 <b>NO SCHOOL INSTITUTE DAY</b>	<b>Elementary School Lunch Price \$2.50</b>
	23 Crispy Chicken Rings Baby Carrots Applesauce Cup Choice of Milk Calories 538	24 Cheese Nachos With Tostito Scoops Taco Fiesta Beans Fresh Apple Slices Choice of Milk Calories 601	25 Macaroni & Cheese Seasonal Fresh Vegetable Mandarin Oranges Choice of Milk Calories 601	26 Mini Cheeseburgers Baked Beans Fresh Orange Smiles Choice of Milk Calories 709	27 Wild Mike's Cheese Pizza Wedge Romaine Salad Diced Pear Cup Choice of Milk Calories 651	<b>Reduced Lunch Price \$.40</b>
<u>All Juices</u> 100% Fruit Juice	30 Chicken Nuggets Golden Corn Diced Peaches Graham Crackers Choice of Milk Calories 712	31 Nacho Cheese Doritos Taco in a Bag Baby Carrots Applesauce Cup Choice of Milk Calories 555				<b>Milk Only Price \$.40</b>

**SCHOOL DISTRICT 87  
MIDDLE SCHOOL BREAKFAST MENU**

**OCTOBER 2017**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 Bosco Warm Apple Breadstick Or Strawberry Fruit & Grain Bar Orange Juice Applesauce Cup Choice of Milk	3 Sausage Egg & Cheese On a Biscuit * Grape Juice Fresh Apple Slices Or CoCo Krispie Granola Bar Cereal Kit Fresh Apple Slices Choice of Milk	4 Blueberry Blast Eggo Mini Pancakes Or Chocolate Muffin Fresh Fruit Mott's Fruit Medley Choice of Milk	5 Breakfast Pizza Apple Juice & Pear Cup Or CoCo Puffs Cereal Kit Pear Cup Choice of Milk	6 Mini Maple Waffles Or Mini Powdered Super Donuts Fresh Apple Slices Fruit Punch Choice of Milk	
* <b>DENOTES PORK PRODUCT</b>	9 <b>NO SCHOOL LEGAL HOLIDAY</b>	10 Ham Egg & Cheese Croissant * Raisels & Peach Cup Or Mini Chocolate Breakfast Loaf Raisels & Peach Cup Choice of Milk	11 Blueberry Pancake Wrap Breakfast Syrup Or Apple Cinnamon Muffin Raisels & Mandarin Oranges Choice of Milk	12 Turkey Sausage Egg & Cheese Breakfast Sliders Or Yoplait Go Big Yogurt Orange Juice Mott's Fruit Medley Choice of Milk	13 Eggo Chocolate Chip French Toast Or Super Donut Fresh Orange Wedges Mixed Fruit Cup Choice of Milk	<b>All School Breakfast \$1.65</b>
	16 Warm Cherry Frudel Apple Juice & Peach Cup Or Cinnamon Pop Tart Breakfast Kit Peach Cup Choice of Milk	17 Sausage Egg & Pancake Sandwich* Fruit Punch Applesauce Cup Or Scooby Do Breakfast Kit Applesauce Cup Choice of Milk	18 French Toast Sticks Breakfast Syrup Or Wild Blueberry Muffin Orange Wedges Pineapple Tidbits Choice of Milk	19 Turkey Bacon Breakfast Pizza Boat Grape Juice & Pear Cup Or Fruity Cheerios Cereal Kit Pear Cup Choice of Milk	20 <b>NO SCHOOL INSTITUTE DAY</b>	<i>Click On the MyPlateLink On The District Website For more Nutritional Information</i>
<b>Milk Only Price .40</b>	23 Bosco Egg & Cheese Breakfast Breadstick Orange Juice & Peach Cup Or Strawberry Pop Tart Breakfast Kit Peach Cup Choice of Milk	24 Bacon Egg & Cheese Biscuit * Apple Juice & Orange Wedges Or Marshmallow Matey Cereal Kit Fresh Orange Wedges Choice of Milk	25 Warm Cherry Frudel Or Chocolate Muffin Raisels Mandarin Oranges Choice of Milk	26 Turkey Sausage Egg & Cheese Breakfast Sliders Or Trix Cherry Yogurt Cup Cheese Stick Applesauce Cup Choice of Milk	27 Breakfast Pizza Or Glazed Super Donut Fresh Apple Slices Fruit Punch Choice of Milk	<b>Reduced Breakfast Price \$ .30</b>
<u>All Juices</u> <b>100% Fruit Juice</b>	30 Cinnamon Apple Jammer Stick Or Blueberry Pop Tart Fruit Punch Applesauce Cup Choice of Milk	31 Ham Egg & Cheese * On An English Muffin Or Ultra Chocolate Breakfast Bread Slice Apple Juice Peach Cup Choice of Milk	 <b>OCTOBER</b>			<b>PLEASE NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>

SCHOOL DISTRICT 87  
MIDDLE SCHOOL LUNCH MENU

OCTOBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	2 Chicken Tenders Or Maxwell St. Polish Steamed Golden Corn Fresh Fruit Choice of Milk	3 Chicken Taquitos Or Buffalo Chicken Bites Mexicali Beans Orange Wedges Choice of Milk	4 Grilled Cheese & Tomato Soup Or Firehouse Sub Sandwich Grape Tomatoes with Dip Pear Cup Choice Of Milk	5 Chicken Patty Whole Grain Bun Or General Tso Chicken Soft Chow Mein Noodles Celery Sticks Applesauce Cups Choice of Milk	6 Papa John's Cheese Pizza Or French Bread Pizza Romine Salad Diced Peaches Choice of Milk	
	9 <b>NO SCHOOL LEGAL HOLIDAY</b>	10 Cheese Nachos Or Spicy Chicken Filet Baby Carrots with Dip Dragon Juice Choice of Milk	11 Buffalo Chicken Wings Or Beef Hot Dog Whole Grain Bun Celery Sticks with Sun Butter Mott's Fruit Medley Choice of Milk	12 BBQ Ribette Whole Grain Bun Or Teriyaki Chicken Vegetable Fried Rice Golden Corn Applesauce Cup Choice of Milk	13 Papa John's Cheese Pizza Or Tony's Cheese Pizza Romaine Salad Pear Cup Choice of Milk	<i>Click On the MyPlateLink On the District Website For more Nutritional Information</i>
<b>PLEASE NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>	16 Chicken Breast Tenders Or Sloppy Joe Whole Grain Bun Steamed Carrots Diced Peaches Choice of Milk	17 Flamas Doritos Taco in a Bag Or Buffalo Chicken Bites Elotes Corn Fresh Apple Slices Choice of Milk	18 Firehouse Sub Sandwich Or Bosco Twin Breadsticks With Beef Pepperoni & Cheese Cucumber Slices Pineapple Tidbits Choice of Milk	19 <i>Breakfast for Lunch</i> Mini Pancakes Chicken Breakfast Sausage Wango Mango Juice Or Asian Chicken Bites Choice of Milk	20 <b>NO SCHOOL INSTITUTE DAY</b>	<b>Middle School Lunch Price \$2.75</b>
<b><u>TO COMPLETE YOUR MEAL</u></b> You may choose all 5 Components with a 3 Component minimum Choice of one fruit or Vegetable is required To Complete the meal	23 Crispy Chicken Rings Or Spicy Chicken Tenders Baby Carrots Applesauce Cup Choice of Milk	24 Jalapeno Nachos With Tostito Scoops Or Spicy Chicken Filet Whole Grain Bun Taco Fiesta Beans Fresh Apple Slices Choice of Milk	25 Macaroni & Cheese Or Turkey Pepperoni Calzone Grape Tomatoes Mandarin Oranges Choice of Milk	26 Mini Cheeseburgers Baked Beans Fresh Orange Smiles Or Jalapeno Cheese Nachos Choice of Milk	27 Papa John's Cheese Pizza Or Wild Mike's Cheese Pizza Wedge Romine Salad Diced Pear Cup Choice of Milk	<b>Reduced Lunch Price \$ .40</b>
<b><u>All Juices</u></b> <b>100% Fruit Juice</b>	30 Chicken Nuggets Or Specialty Cheeseburger Whole Grain Bun Steamed Golden Corn Diced Peaches Choice of Milk	31 Nacho Doritos Walking Beef Taco Or Spicy Chicken Filet Whole Grain Bun Baby Carrots Applesauce Cup Choice of Milk	 <b>October</b>			<b>Milk Only Price \$ .40</b>